

# SECURE PASSWORD

Strategies and advice.



## LENGTH

A strong password should have at least 12 characters, including upper and lower case letters, numbers, and at least one symbol.



## UNIQUENESS

Each account must have a unique password, do not use the same one for multiple registrations.



## CONFIDENTIALITY

Don't share your passwords with anyone, not even colleagues. If you can't do without it, change it immediately after use.



## NOTES

42% of organizations manage passwords with sticky cards. Do not write passwords on cards or even on digital media such as mobile phones.



## PASSWORD MANAGER

Use a password manager to store and manage your passwords. You will no longer have problems memorizing secure passwords.



## 2FA

Use two-factor authentication whenever possible to protect your accounts. Using two conditions to log in makes your logins much more secure.



## UPDATE

Change your passwords frequently, at least every six months. There are still few systems that require PW to be updated at pre-established deadlines.



## ORIGINALITY

Among the most used passwords there is still 12345 and your name! Do not include personal information, names of famous people, city, movies and general common names in passwords.